

2020 Virtual Summer Educational Symposium

SESSION I



Karen Lew Feirman
DHSc, LAT, ATC

Gen X, Y, and Z: Communicating Across All Generations – 9:00 AM

CAT A (1) Domain(s): 1, 4, and 5

Objectives:

- ❖ Develop an appreciation for the differences necessary to communicate across the continuum
- ❖ Apply communication skills from this presentation directly into practice
- ❖ Utilize telemedicine guidance and apply to daily practice at the completion of this presentation.



J.D. Boudreaux
EdD, PT, LAT, ATC, SCS

Effective Techniques to Enhance Athletes' Safety: Is Your Message Getting Through? – 10:15 am

EBP (2) Domain(s): 1, 3, and 5

Objectives:

- ❖ Identify the need for effective education for all audiences to mitigate injury risk in absence of athletic trainer.
- ❖ Confirm essential areas often needing remediation during educational programs to improve injury recognition among youth athletes.
- ❖ Apply appropriate and effective knowledge transfer techniques for various audiences to enhance injury reporting among youth athletes.
- ❖ Critique their current educational programs for appropriate knowledge transfer techniques to reduce risk of continued participation after injury.
- ❖ Conclude the need to update mandatory educational programming on a regular basis to reduce risk of continued participation by athletes after injury.

This virtual summer educational symposium will be presented on "Zoom Communication Platform" and sponsored by:



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SESSION II



Tavis Piattoly
MS, RD, LDN

Anabolic Androgenic Steroid Use in Adolescent Student-Athletes: The Pressure to Perform – 1:00 pm

EBP (1)

Domain(s): 1, 2, & 5

Objectives:

- ❖ Identify the signs and symptoms of anabolic androgenic steroid use
- ❖ Identify dietary supplements that are 3rd party tested and free of banned substances
- ❖ Describe how to educate athletes on the signs, symptoms, and potential side effects of anabolic androgenic steroid and dietary supplement use
- ❖ Identify dietary supplements that are supported by the scientific evidence compared to those being marketed without evidence



Gregory Stewart, MD

Return to Athletics and Sports Medicine Considerations Post- COVID-19 - 2:00 pm

CAT A (1)

Domain(s): 1, 2, & 5

Objectives:

- ❖ Recognize the basic science behind the coronavirus
- ❖ Distinguish between facts and falsehoods about COVID-19
- ❖ Manage post – COVID-19 return to sport, athletic clearance, and participation



Jacques Coursealt, MD

The Use of Diagnostic Ultrasound in Acute and Chronic Athletic Injuries – 3:00 pm

CAT A (1)

Domain(s): 2, 4, & 5

Objectives:

- ❖ Recall hamstring anatomy
- ❖ Generalize traditional treatment for hamstring strains
- ❖ Describe novel injury treatments for acute and chronic hamstring strains
- ❖ Identify other ultrasound guided injection treatments for various common myofascial pathologies

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